



Dear Divers, Coaches & Families,

We are very excited to welcome you as guests at Viking Pool for the Alps Diving Finals Competition. We will be offering food throughout the day, which will include:

### **Viking Canteen Menu**

Hot, Fresh-baked muffins (from our Canteen Kitchen)  
Bagels~Poptarts~ Waffles~Grilled Cheese~Grilled Ham & Cheese~Pogos  
Smoothies (Blueberry- banana, Tropical, Strawberry-Banana) with regular/almond milk  
Coffee~ Hot Chocolate~Tea~Tisane  
Popcorn~Chips~ Candy~ Drinks~Frozen Treats (popsicles, freezies, ice cream)

### **Viking BBQ Menu**

Burgers & Veggie burgers & Hotdogs

Try your luck with the LUCKY LOONIE game ~ best of luck!

We remind you to be aware of the parking in our area, as it is residential and there are certain parking restrictions. We ask that you respect parking signs at all times. Public security will be in the neighbourhood to ensure everyone is safe, now lets just hope for beautiful weather!

Good luck to all the divers and a very big THANK YOU to all of the volunteers from within our communities who make these events possible.

Regards,  
The Lakeside Heights Recreation Association Committee Members  
Viking & Sunnyside Pools